



The Firelands Express



VOLUME 3 ISSUE 77

OCTOBER 22, 2012

FROM THE SUPERINTENDENT

I believe that in order for an individual or an organization to be successful, they must be direct. Whether dealing with family and friends, colleagues, or members of the Firelands Family, I try to be clear in my goals and expectations. Whenever I encounter problems in life, I identify the causes as clearly as possible, determine the desired outcomes, involve all parties concerned to develop a plan, and work collaboratively with those parties to create a desirable solution. Easy to do? Not really. Necessary? Absolutely!

In this time of direct, “in your face” political campaigning, coupled with the fear of change and uncertainty, we are presented with many messages each day ranging from the economy to education. Reflecting on each of these messages reinforces my belief that our country's greatest resource is our children, our youth. The children represent our future and our hope for the direction of our great nation. Creating the best educational environment for each child not only helps the children individually, but it is as important to our nation's future as any search for alternative energy or world diplomacy. Without developing the capabilities of our young people, we will decline as a society. Success is not something that can be attained by parents alone—or schools alone—or churches alone—or government alone. It takes all of us, working together, to provide quality education for all of our children.

American novelist, William Faulkner (1897-1962), in his Nobel Prize Speech in January of 1951 speaks of fear:

“Our tragedy today is a general and universal physical fear so long sustained by now that we can even bear it. There are no longer problems of the spirit. There is only the question: when will I be blown up? Because of this, the young man or woman writing today has forgotten the problems of the human heart in conflict with itself which alone can make good writing because only that is worth writing about, worth the agony and the sweat.

He must learn them again. He must teach himself that the basset of all things is to be afraid; and teaching himself that, forget it forever, leaving no room in his workshop for anything but the old verities and truths of the heart, the old universal truths lacking which any story is ephemeral and

doomed -- love and honor and pity and pride and compassion and sacrifice. Until he does so he labors under a curse. He writes not of love but of lust, of defeats in which nobody loses anything of value, of victories without hope and worst of all without pity or compassion. His griefs grieve on universal bones, leaving no scars. He writes not of the heart, but of the glands.

Until he relearns these things he will write as though he stood among and watched the end of man. It is easy to say that man is immortal simply because he will endure; but when the last ding-dong of doom has clanged and faded from the last worthless rock hanging tide-less in the last red and dying evening, that even then there will still be one more sound: that of his puny inexhaustible voice, still talking. I refuse to accept this. I believe that man will not merely endure: he will prevail. He is immortal, not because he alone among creatures has an inexhaustible voice, but because he has a soul, a spirit capable of compassion and sacrifice and endurance.

The poet's, the writer's, duty is to write about these things. It is his privilege to help man endure by lifting his heart, by reminding him of the courage and honor and hope and pride and compassion and pity and sacrifice which have been the glory of his past. The poet's voice need not merely be the record of man, it can be one of the props, the pillars to help him endure and prevail.”

Through the perseverance of parents, teachers, and students, we will overcome our fear of uncertainty. The future is ours to behold. In the words of American economist, educator, and Dean of MIT's Sloan School of Management, Lester C. Thurow, “A competitive world has two possibilities for you. You can lose. Or, if you want to win, you can change.”

Go Falcons!

Dr. Robert F. Hill
Superintendent

You may view this issue online at:
www.firelandsschools.org

The Communities we serve: Amherst, Amherst Twp, Birmingham, Brownhelm Twp, Camden Twp, Florence Twp, Henrietta Twp, Kipton Village, New Russia Twp, South Amherst Village, Vermilion and Vermilion Twp.

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CLUB EXCELLENCE MERCHANT PARTICIPATION

It is again time to thank local merchants for participating in Firelands High School's Club Excellence program.

Club Excellence is a program that rewards students for pursuing academic excellence with local businesses granting various discounts when shown proof of excellence with a Club Excellence card.

We'd like to thank the following companies for their generosity:

<i>East of Chicago / So. Amherst</i>	<i>102 N. Lake Street, So. Amherst, 44001</i>
<i>East of Chicago / Wakeman</i>	<i>19 W. Main Street, Wakeman, 44889</i>
<i>Electric Rays Tanning</i>	<i>46130 Telegraph Rd., Amherst, 44001</i>
<i>HIGHPoint Outfitters</i>	<i>5499 Liberty Ave., Vermilion, 44089</i>
<i>Jilliano's Pizzeria</i>	<i>2275 Cooper Foster Pk. Rd., Amherst, 44001</i>
<i>Lorenzo's Pizza</i>	<i>2 1/2 S. Main Street, Oberlin, 44074</i>
<i>Monster Tan</i>	<i>2219 Kresge Drive, Amherst, 44001</i>
<i>The Strand (Hair, Tanning & Nails)</i>	<i>109 North Leavitt Rd., Amherst, 44001</i>
<i>Wendy's of Vermilion</i>	<i>Valid in Sandusky, Huron, Vermilion & Port Clinton</i>

If you would like to have your business included in this worthwhile program please contact Mrs. Kathy Dziat, Secretary, Firelands High School, 965-4255. ext. 110.

Please Join Us At The:**Community Health Fair**

Wednesday, October 24, 2012

Firelands High School Gymnasium

From 3:00 – 6:00 p.m.

Public is Welcome for this free opportunity

Something for everyone, whether you're 8 or 80

GUIDANCE CORNER**Report Cards will be mailed out the week of November 5th.**

ATTN: SOPHOMORES - On the week of November 26th we will be focusing on career education with the Sophomore Class to assist them in the major decisions they will have to make this year about their educational path. A representative from Lorain County JVS will be here on November 30th to present the different educational opportunities available next year. If you would like to look at more information about the Lorain County JVS, go to our website and check out our program of study and the JVS link.

SENIORS HAVE BEEN BUSY PLANNING FOR THEIR FUTURES

LCCC will be here on October 23rd during lunch periods to give a presentation on all LCCC programs. They will also talk about course transferability, application process, and scholarships.

Mr. Norheim has been meeting with seniors during their government classes. He has gone over ACT and SAT test dates. If you have not yet taken the **ACT** or **SAT**, you may want to register for the December test. The deadline for registering for the **ACT** is November 2nd and the **SAT** is November 1st. You can register on-line by using the college test links on our website.

The seniors have also started an informational file that contains a student information sheet, a career narrative, a high school transcript, and information for their career portfolios. The career portfolios will be used to fill out college and scholarship applications. On October 17th the seniors participated in a college visit or job shadowing experience to better prepare them for future career decisions.

Reminder to college-bound seniors. The college application process has started. We have some copies of applications in the guidance office, but you can use the college links on our website to apply on-line.

FINANCIAL AID NIGHT

The Financial Aid Night will be November 13th in the High School Library at 7:00 p.m. Rudolph Chavez from LCCC will be presenting.

**COLLEGES SCHEDULED TO VISIT
FIRELANDS HIGH SCHOOL**

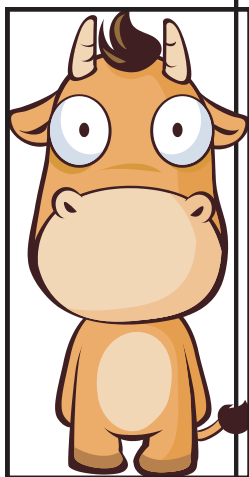
Youngstown State University	Thursday, October 20 8:30 a.m.
Ohio Northern University	Monday, October 31 11:00 a.m.
University of Akron	Wednesday, October 31 9:30 a.m.
Bowling Green State University	Wednesday, October 31 10:00 a.m.
Cleveland State University	Monday, November 5 8:00 a.m.

SOUTH AMHERST MIDDLE SCHOOL STAFF



**EXCELLENT WITH DISTINCTION
TWO YEARS AND COUNTING
“ ONE HIT WONDER ”**

NOT!



www.mfmb.org for other pertinent information regarding the band and upcoming events.

Cow Pie

Bingo!

The band will be having a cow pie bingo after the Halloween Parade in South Amherst on October 28th.

Tickets are \$10 and can be purchased from a band member or by calling Michele Jeffers at 986-5150.

MFMB

Calendar of Events

- October:
24th-One More Time Concert -Firelands Stadium
25th-Home Game-Senior Night
28th-Halloween Parade

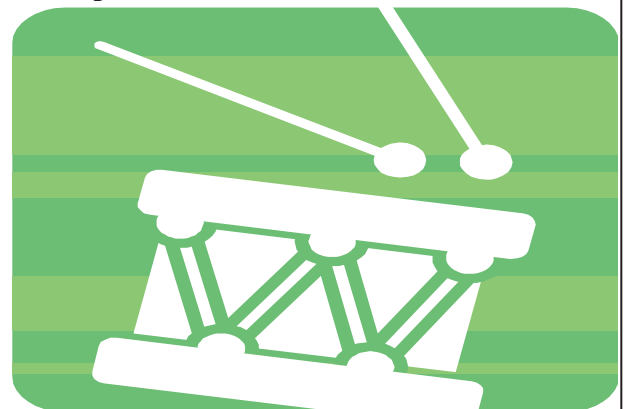
Musical Moments

Please mark your calendars and attend the game on October 26th. The senior band members will be honored and you will be treated to another great performance by the **MIGHTY FALCON MARCHING BAND!**

Please visit it for all pertinent information such as calendar of events and booster updates. Our website address is www.mfmb.org

Parents!

Please make time to attend out monthly booster meetings. As our band grows, our need for parent involvement does also.



SAMS Middle School Band Performs at Varsity Football Game

Members of the 7th and 8th grade bands joined forces with “The Mighty Falcon Marching Band” for a halftime performance on Friday, October 12 at a varsity football game. The performance was well received by the audience and the students received an enthusiastic applause. The combined bands performed “Crunch Time” and “Firelands Fight Song”. Thanks to Mr. Wiley, Mrs. Stumphauzer, and the High School Band for making our middle school band students feel so welcomed.



HOT STOVE STATE TOURNAMENT NEWS!



Our very own **Firelands Raptors** (Class FF, age 13) finished their baseball season with a record of 21-4. They lost a close game in the Lorain County Championship game 3-1 to the eventual State Championship team. The Raptors Qualified for a trip to the State Championship Tournament with convincing 10-0 wins over Vermilion and Grafton. The boys lost in the State Tournament to last years State Championship team from Carroll County. This is a phenomenal group of boys that have some incredible talent!



SAMS Veterans Day Ceremony

In appreciation of our veterans South Amherst Middle School will participate in a ceremony honoring our military heroes. The students will receive information regarding the history of Veterans Day as well as the history behind the bugle call “Taps”. “Taps” is performed at traditional military funerals. After the ceremony, members of the middle school band will perform an “Echo Taps” throughout the hallways of South Amherst Middle School.



Team members are: (Front) Casey Krueger, Patrick Brightbill, Daniel Hribal, Aaron Myers. (Back) Nathan Kovach, Colin Myers, Ben Markovich, Kyle Wilson, Justin Studd, Brad Soltis, Matthew Brightbill.
Coaches: Tom Myers, Scott Soltis, Ron Hribal

THANK YOU!

The Firelands TLC would like to thank everyone who donated to the Keep Kids Warm Drive last month. The group collected over 250 hats, gloves, scarves, and socks to benefit the Boys and Girls Club of Greater Cleveland.

We also would like to thank all who participated in the Kick It Campaign on October 17th to raise money to find a cure for Juvenile Cancer.

New Look at FHS

The halls of Firelands High School have a new look thanks to Jennifer Purcell, Deb Van Cooney and Kelly Miller. Together, these teachers created the College Awareness Initiative. If you walk the halls at FHS, you can't help but notice all of the college and university pennants that are above every teacher's doors and administration as well. The goal behind the College Awareness Initiative is to get kids thinking about college early in their high school career. We wanted to expose students to as many different colleges and universities that we could. The hope is that if a student sees a college that he or she may be interested in, they would stop and talk to the staff member who went there. There are over 30 colleges and universities represented in the building. The next wave of the College Initiative Awareness program is to have teachers list the top three reasons for attending that college or university. The lists will then be posted next to the pennants.

Staff members will also be wearing college or university apparel once a month as another way of promoting colleges and universities. Jennifer Purcell and Deb Van Cooney contacted each university or college. The pennants were graciously donated by almost all of the universities or colleges.

A special thank you to Tracy Johnston, Krieg Hozalski and Wendy Diederick for picking up college pennants for the initiative while they were on campus.



"Scientists of Sound."

On Oct 5th, the fifth grade students took part in a workshop and an assembly with guest musician Hal Walker. Provided by Young Audiences, Hal guided students in shaping sound and experiencing how sound travels. The students explored music and sound with every day materials. They even created an instrument with just rubber bands, 2 strips of paper and 2 Popsicle sticks. Many musical terms were introduced when the students were challenged to become "scientists of sound."



Welcome to the Family!

On Thursday, September 27th, 31 new students were treated to a new student breakfast in SAMS cafeteria. Mr. Spagnola welcomed them to the Firelands Family and listened to their feelings about being new at SAMS. Their response was very positive! The students are learning their way around and making new friends. All of them are learning new things!

**WE ARE SO HAPPY TO HAVE THEM
BE A PART OF OUR SCHOOL COMMUNITY!**



Firelands Bus Driver Recognized at County Awards Dinner.

“Cindy Thomas has been driving for Firelands full time since 1999. Before that she subbed for us and also drove for Oberlin. She is a workaholic. In addition to driving bus full time, she is a Playground Monitor at lunch time, and on the weekends she works at Dog Tracks Diner in Wellington. In her spare time she enjoys mowing lawn and shooting pool. She takes time for her dog Jack and her grandson Wyatt, who used to call her Grandma Jack, but now that she has gotten sporty, driving a Jeep,



Wyatt now calls her Grandma “Jeep”.

All the drivers have admired her courage as she **IS** a Cancer survivor. She has gone through Cancer treatment - missing very little work.”

THANK YOU FOR YOUR DEDICATION!

FIRELANDS LOCAL SCHOOL DISTRICT TO FOCUS ON BUS SAFETY OCT. 22-26

Next week throughout Ohio and the nation in celebrating the importance of National School Bus Safety Week.

This year’s theme, “**I SEE THE DRIVER – THE DRIVER SEES ME**”, reminds students to be cautious any time they must cross the street. Students need to cross where they can be seen by the bus driver and also need to watch for traffic. The greatest risk to our children is when they are outside the school bus. Student injuries and fatalities occur as a result of motorists who attempt to pass a stopped school bus with flashing red warning lights while students load or unload.

Nearly one million Ohio students ride on school buses each day, and over 15,000 bus drivers are dedicated to providing safe transportation for children in the state. National studies show school buses are the safest method for transporting young people – up to 22 times safer than passenger cars.

Ensuring the safety of students as they enter and exit the bus is crucial, We are training our bus drivers to be cautious, but we need help from parents to make sure they watch for school buses stopped to load and unload children. No issue is so urgent that motorists cannot wait for a school bus.

Ohio Revised Code 4511.75 requires motorists to stop for a school bus anytime it has stopped to load or unload. In Ohio those buses will display red flashing lights as well as a stop sign on the side of the bus. Motor-

ists may not resume motion until the school bus has resumed motion. Bus drivers in Ohio are required to file reports with law enforcement when motorists pass them. In some communities cameras are being used to facilitate this reporting.

Here are some tips to remind your child while getting off and on the bus:

- Always remain in direct eyesight of the bus driver;
- Get to the bus stop in plenty of time, and be ready to board the bus when it arrives at your stop;
- Take 10 giant steps back from the curb while waiting for the bus and 10 steps when exiting the bus;
- Never try to get anything left on the bus after exiting;
- Never reach underneath the bus;
- Always follow the driver’s directions for how to cross the street;
- Be alert to traffic and look both ways;
- Always cross in front of the bus, but *only approach the bus*, when the bus driver signals it is safe to do so by dropping their hand.

During this week we will practicing our emergency evacuations. So there may be a day or two this week that your child’s bus will be running 5-10 minutes late as take some time to review School Bus Safety

Thanks for your Cooperation
Milton Saylor
Firelands Schools Transportation



Fun in Science Class



Students in Mrs. Thoms' Science class worked together in cooperative teams to complete a science lab to construct a model using paper clips, straws, and tape. The model was then tested to see how many pennies the structure could support from a suspended cup.



NOTICE TO ALL FIRELANDS ELEMENTARY PARENTS/GUARDIANS

The state of Ohio is requiring a written note back from the parent/guardian if a child is absent. A phone call is still needed, but is not sufficient documentation.

Please remember to send a written note with your child when they return to school from being absent. If we do not receive a note, a letter will be sent home with your child to be returned the following school day.

PICTURE RETAKES
FIFTH GRADE PANORAMIC
TUESDAY, OCTOBER 30TH.

LUNCH MENUS

<p>FIRELANDS ELEMENTARY Regular Lunch \$2.30—Ice Cold Milk served with all meals</p>	<p>SOUTH AMHERST MIDDLE Regular Lunch \$2.70—Ice Cold Milk served with all meals</p>	<p>FIRELANDS HIGH Regular Lunch \$2.70—Ice Cold Milk served with all meals</p>
<p><u>OCTOBER 22 - OCTOBER 26</u> MONDAY - Sausage links, French toast sticks, Hash brown potatoes, Celery sticks, Orange juice cup, Syrup cup TUESDAY - Dominos smart slice Or school pepperoni pizza, Seasoned broc & carrots, Fruit, Whole grain gripz WEDNESDAY - Chicken fries, Baked french fries, Chilled mandarin oranges, Whole grain roll, Dipping sauce THURSDAY - Whole grain corn dog, BBQ baked beans, Cucumber slices, Fresh fruit FRIDAY - Ravioli in red sauce, Seasoned green beans, Chilled peaches, Whole grain roll</p> <p><u>OCTOBER 29 - NOVEMBER 2</u> MONDAY - Baked chicken nuggets, Black beans & rice, Celery sticks, Chilled pears, Dipping sauce TUESDAY - Dominos smart slice Or school pepperoni pizza, Seasoned peas, Baby carrots, Fruit WEDNESDAY - Baked chicken strips, Smiley fries, Chilled mandarin oranges, Whole grain roll, Dipping sauce THURSDAY - Spaghetti w/meatsauce, Romaine spinach salad, Salad dressing, Grape tomatoes, Whole grain roll, Fresh fruit FRIDAY - Fish trout treasures, Steamed cauliflower w/chez, Chilled mandarin oranges, Whole grain roll, Graham crackers</p> <p><u>NOVEMBER 5 - NOVEMBER 9</u> MONDAY - Whole grain corn dog, Bbq baked beans, Steamed broccoli, Chilled peaches TUESDAY - Domino's smart slice Or school peppro pizza, Seasoned corn, Baby Carrots w/dip, Fruit WEDNESDAY - Chicken patty sandwich, Romaine & spinach salad, Grape tomatoes, Chilled pineapple THURSDAY - Taco Salad, Shredded lettuce & cheese, Black bean & corn salsa, Fresh fruit, Tortilla chips FRIDAY - Macaroni & cheese, Seasoned peas, Cucumber slices, Chilled pears, Whole grain roll</p> <p><u>NOVEMBER 12 - NOVEMBER 16</u> MONDAY - Hamburger w/bun, Pickle slices, Bbq baked beans, Celery sticks, Chilled mandarin oranges TUESDAY - Domino's smart slice Or school peppro pizza, Romaine spinach salad, Grape tomatoes, Fruit WEDNESDAY - Baked chicken nuggets, Sweet fries, Chilled Applesauce, Whole grain roll, Dipping sauce THURSDAY - Falcon chicken bowl, Seasoned corn, Whipped potatoes, Fresh fruit, Bug bites FRIDAY - Cheese quesadilla, Seasoned broccoli, Chilled pineapple</p>	<p><u>OCTOBER 22 - OCTOBER 26</u> MONDAY - BBQ pulled pork wg bun, Whole grain corn dog, Baked beans, Celery sticks, Chilled peaches TUESDAY - Dominoes smart slice or stuffed crust peppro, Seasoned broccoli, Baby carrots, Chilled pears WEDNESDAY - Grilled chicken / bun or Chicken patty w/ bun, Romaine spinach salad, Grape tomatoes, Chilled mandarin orgs THURSDAY - General Tso's chicken, Stir fry vegetable, Seasoned rice w/black beans, Fresh fruit, Fortune Cookie FRIDAY - Egg & cheese on wg roll or pancake & sausage stick, Hashbrown potato, Sweet potatoes, Orange juice cup</p> <p><u>OCTOBER 29 - NOVEMBER 2</u> MONDAY - Salisbury steak or breaded pork chop, Seasoned corn, Whipped potatoes, Chilled peaches, Whole grain roll TUESDAY - Dominoes smart slice or stuffed crust peppro, Seasoned broccoli w/chez, Celery sticks, Fruit WEDNESDAY - Chipotle day-Beef or Fajita chicken, Ultra grain wrap, Shredded iceberg, Black bean & corn salsa, Cilantro lime rice, Chilled mandarin orange THURSDAY - Wg Cheese quesadilla Or Chicken nuggets w/roll, Romaine Spin salad, Grape tomatoes, Fresh fruit FRIDAY - 1 bosco cheese stick w/yogurt cup Or 2 soft pretzel rod w/cheese & yogurt, Baby carrots, Grape tomatoes, Chilled pineapple</p> <p><u>NOVEMBER 5 - NOVEMBER 9</u> MONDAY - Hot dog w/ bun Or steak um w/cheese, BBQ baked beans, Celery sticks, Chilled peaches, Graham crackers TUESDAY - Dominoes smart slice or stuffed crust, Baby carrots, Grape tomatoes, Chilled pears WEDNESDAY - Taco salad or soft taco wrap, shredded iceberg, cheese, black bean & corn salsa, Chilled applesauce, Tortilla chips THURSDAY - Chicken strips w/roll, chicken patty w/bun, Parsley potatoes, Fresh fruit FRIDAY - Macaroni & cheese or rib a cue w/bun, Cucumber slices, Seasoned broccoli, Chilled pears</p> <p><u>NOVEMBER 12 - NOVEMBER 16</u> MONDAY - Pepperoni calzone Or southwest pizza, BBQ baked beans, Tomato juice, Applesauce TUESDAY - Dominoes smart slice or stuffed crust peppro, Seasoned green beans, Romaine /spinach salad, Chilled mandarin oranges WEDNESDAY - Falcon single burger w/whole grain bun, w/ iceberg lettuce, cheese, 2T sauce, Sweet things fries, Chilled pears THURSDAY - Falcon chicken bowl w/gravy, Seasoned corn, Whipped potatoes, Fresh fruit, Whole grain roll FRIDAY - Wg cheese breadstick Or beef ravioli w/ breadstick, Seasoned broccoli, Chilled pineapple</p>	<p><u>OCTOBER 22 - OCTOBER 26</u> MONDAY - BBQ pulled pork wg bun, Whole grain corn dog, Baked beans, Celery sticks, Chilled peaches TUESDAY - Dominoes smart slice or stuffed crust peppro, Seasoned broccoli, Baby carrots, Chilled pears WEDNESDAY - Grilled chicken / bun or Chicken patty w/ bun, Romaine spinach salad, Grape tomatoes, Chilled mandarin orgs THURSDAY - General Tso's chicken, Stir fry vegetable, Seasoned rice w/black beans, Fresh fruit, Fortune Cookie FRIDAY - Egg & cheese on wg roll or pancake & sausage stick, Hashbrown potato, Sweet things, Orange juice cup</p> <p><u>OCTOBER 29 - NOVEMBER 2</u> MONDAY - Salisbury steak or breaded pork chop, Seasoned corn, Whipped potatoes, Chilled peaches, Whole grain roll TUESDAY - Dominoes smart slice or stuffed crust peppro, Seasoned broccoli w/chez, Celery sticks, Fruit WEDNESDAY - Chipotle day-Beef or Fajita chicken, Ultra grain wrap, Shredded iceberg, Black bean & corn salsa, Cilantro lime rice, Chilled mandarin orange THURSDAY - Wg Cheese quesadilla Or Chicken nuggets w/roll, Romaine Spin salad, Grape tomatoes, Fresh fruit FRIDAY - Deli sub bar w/ combo or turkey, cheese, lettuce, tomato, peppers, banana pepper, black olives, Chilled pineapple</p> <p><u>NOVEMBER 5 - NOVEMBER 9</u> MONDAY - Hot dog w/ bun Or steak um w/cheese, BBQ baked beans, Celery sticks, Chilled peaches, Graham crackers TUESDAY - Dominoes smart slice or stuffed crust peppro, Baby carrots, Grape tomatoes, Chilled pears WEDNESDAY - Taco salad or soft taco wrap, shredded iceberg, cheese, black bean & corn salsa, Chilled applesauce, Tortilla chips THURSDAY - Chicken strips w/roll, chicken patty w/bun, baked fries, Fresh fruit FRIDAY - Macaroni & cheese or rib a cue w/bun, Cucumber slices, Seasoned broccoli, Chilled pears</p> <p><u>NOVEMBER 12 - NOVEMBER 16</u> MONDAY - Pepperoni calzone Or southwest pizza, BBQ baked beans, Tomato juice, Applesauce TUESDAY - Dominoes smart slice or stuffed crust peppro, Seasoned green beans, Romaine /spinach salad, Chilled mandarin oranges WEDNESDAY - Falcon double burger w/whole grain bun, w/ iceberg lettuce, cheese, 2T sauce, Sweet things fries, Chilled pears THURSDAY - Falcon chicken bowl w/gravy, Seasoned corn, Whipped potatoes, Fresh fruit, Whole grain roll FRIDAY - Wg cheese breadstick Or beef ravioli w/ breadstick, Seasoned broccoli, Chilled pineapple .</p>

SAMS PTG NEWS

The South Amherst Parent Teacher Group has had a great start to the 2012-2013 school year. The annual Walk-a-thon was held September 24th. Students, teachers, and parent volunteers enjoyed a great walk in beautiful weather to promote healthy living. Thanks to wonderful parent support, the PTG raised \$1100 at this event. A special thank you to Rex Gees, Burnham Orchards, and McDowell Orchards for donating apples for the walkers to enjoy after their walk.

The SAMS PTG also sponsored dinner for the teacher and staff during the October 3rd and October 10th parent/teacher conference. Thank you to all parents who donated food for the teachers. A special thank you to the Nicolaou family for donating a meal of gyros and salads from their Gyros and More restaurant in Lorain for the October 3rd conference. A basket raffle was held during the conferences. Thank you to all parents and teachers who donated to the baskets and Heather Lipscomb for basically single handedly coordinating this event. Congratulations to the winners of the basket raffle: Emily Lipscomb, Turton Family, Sandy Springer, Hilton Family, Carla Bartlebaugh, Debbie Urbansky, Ashley Capitano, Sam Bartlett, Amanda Soloweij. And Susan Craycraft. The class with the most tickets was Ms. Hartman's 8th grade FIRE.

Upcoming events that are in need of volunteers: Fabulous Falcon breakfast Tuesday, 11/6/12. SAMS PTG will once again be selling cookie trays at the Band and Choir Winter Concerts. Cookies can be dropped off at SAMS the day of the concert. All proceeds are used to sponsor Firelands' families in need for the holidays.

Meetings are held the 1st Monday of each month during the school year except December. Next meeting 11/5/12 @ 7:00pm in the SAMS Library. Look for us soon on Facebook.

Believe in Joy**Support the Northeim Family!**

Joy Northeim suffered a stroke in December 2010 which paralyzed her left side. After a lot of hard work and dedication, Joy was able to return home to her husband Scott, and two children. Joy suffered another setback in April 2012, when she suffered a brain bleed. Today, Joy remains in a nursing home. Unfortunately, the family has become financially responsible as Joy is not progressing to the standards set by the insurance company.

Help support the Northeim Family in any of the following ways:

5K/1M FAMILY FUN TRAIL/RUN/WALK

Join us on November 11, 2012 for the 5K/1M Family Fun Trail/Run/Walk at Firelands High School in Oberlin, OH. The run/walk will take place from 12 to 4 p.m. Timed runners will start at noon and all other fun runners after 12:30 p.m. Entry donation is \$30 with all participants to receive a T-Shirt. Additional T-Shirts available \$15 day of event.

BELIEVE IN JOY T-SHIRTS

Believe in Joy T-Shirt are available for purchase for \$15.

RAFFLE TICKETS

Raffle tickets are available for \$10. Winners will be drawn November 11, 2012.

Prizes include: Grand - whole hogs

Second - turkey

Third - two chickens

Prizes will be delivered before Thanksgiving

DONATION

Donate to the Believe in Joy fund to support the Northeim Family by completing the donation entry form with check or money order payable to: Team Firelands /Attn: Judy Baumann - 112 North Lake Street, South Amherst, OH 44001

COMMUNITY CALENDAR**OCTOBER**

- 22 FES - Market Day Pickup at FES - 5:30 - 6:30PM
 23 FHS - Choir Concert at FHS - 7:00PM
 25 FHS - Band Concert @ FHS - 7:00PM
 26 Boys' Varsity Football (home) vs Brookside 7:00PM
 31 *** End of First Grading Period***

NOVEMBER

- 5 SAMS - Student Council Cookie Dough/Candle Sale
 6 FES - PTG Meeting - 7 p.m. in Library
 6 FES - Report Cards Sent Home
 6 SAMS - Fabulous Falcon Breakfast - 7:30 a.m.
 8 Board of Education Meeting - 7:00 p.m.
 10 FHS - Band Booster Craft Fair at FHS - 9:00 a.m.
 13 FHS - Grades 9-12 - Conferences - 3:30 - 8:00 p.m.
 14 SAMS - Band Concert - 7:00 p.m.
 21 SAMS - PTG Meeting - 7:00 p.m.
 21 **NON - INSTRUCTIONAL DAY - NO SCHOOL**
 22/23 **THANKSGIVING DAY - NO SCHOOL**

Gimme 5 Attribute of the Month: Optimism

Perhaps more than any other quality, optimism engenders resilience, the ability to adapt to change. Research has found that optimists are happier, experience less stress, are more successful, and are healthier than pessimists. Optimists even outlive pessimists.

Tips to help in teaching your child to be optimistic:

- Help Them to Develop a Positive Explanatory Style
(the way we explain our successes and failures)
- Cultivate Gratitude
- Practice Altruism
- Model Optimism
- Challenge Negative Thinking
- Teach Assertiveness

These tips taken from the article **Teaching Children Optimism** by Cindy Jett, LICSW found at: <http://www.harrythehappytepillar.com/teaching-children-optimism.php>

**ATTENTION ALL HOT
STOVE
AND OGSO BASEBALL
AND SOFTBALL
COACHES**

There will be an important coaches meeting on **Sunday November 4th at 12:00** at the South Amherst town hall. This meeting is open to anyone that is planning on coaching next season, including assistant coaches.

If you or an assistant can not attend the meeting please contact Tom Myers @ 965-5003 or email @ wilder5003@netscape.net

SPORTS UPDATE

As the Fall sports seasons start to wind down I wanted to update everyone on the fall teams and post-season tournaments.

Boys/Girls HS & MS Cross Country

The cross country teams will be participating in the PAC Championship Meet on Saturday Oct. 13th @ the Equestrian Center in LaGrange. The cross country sectional race will be held on Saturday Oct. 20th @ LCCC.

Varsity Football

The varsity football team is 2-6 with wins over Wellington and Keystone. The team travels to Black River on Oct. 19th and hosts Brookside Oct. 26th to wrap up the season. All fall senior athletes will be honored at our last home game on Friday Oct. 26th.

JV Football

The JV football team is currently 6-2 and had a convincing wins over Keystone and Buckeye the last two weeks.

MS Football

The 8th grade team is currently 4-3. The 7th grade team is currently undefeated. Both travel to Black River for the last game of the season on Oct. 16th.

HS Volleyball

The team will play Norton on Monday Oct. 15th @ Holy Name HS in Parma Hts. The address is 6000 Queens Highway Parma Heights, OH 44130.

JV Volleyball

The JV team has compiled an awesome season with only one loss. Great Job Girls!

9th Volleyball

The 9th Grade team finished with only 1 conference loss. Great Job Girls!

MS Volleyball

The 7th & 8th Grade teams will be participating in the conference end of season tournament which will be on Oct. 18th & 20th. The 7th Grade will be playing at Oberlin while the 8th Grade will be at Fairview for the tournament. The 7th grade team has lost only 1 game this year.

Golf

The golf team wrapped up a solid season. The team finished in 6th place overall in the conference. Senior Caleb Pedersen was 2nd Team All-PAC and Freshman Brandon Palmer was Honorable Mention All-PAC

Girls Soccer

The girls soccer team will travel to Fairview on Monday Oct. 15th @ 7pm for their opening round tournament game. The girls have had a great season as their record currently stands at 9-3-1.

Boys Soccer

The boys soccer team will host Keystone on Tuesday Oct. 16th @ 7pm. The Falcons and Wildcats played to a 1-1 tie earlier in the season.

If you see any of our athletes make sure to wish them well as the Fall season wraps up. They have represented Firelands with great pride this fall. In the next issue of the express we will have complete summaries of each team for the Fall sports season.

Thanks, -Kennie Searight



South Amherst Halloween Parade

South Amherst annual Halloween parade will be **Sunday October 28th**. Line up at 2:30pm in SAMS parking lot. Parade starts at 3:00pm. There will be a costume contest.

South Amherst Firemen's Association will provide refreshments.

Trick or Treat will be held Wednesday, October 31st from 6:00 - 7:30pm.



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Red Ribbon Week

October 22 – 26



Red Ribbon Week is part of a nation-wide effort to prevent substance abuse by our children. It is a week we set aside to educate students in a developmentally appropriate way about the dangers of drugs and alcohol, teach refusal skills, and celebrate a healthy, drug-free lifestyle.

The theme of this year's celebration is "Drug Free 24.7 The Way to Go". Students will be learning they make choices every day that affect their health...from what they choose to eat, how they choose to behave, to how they choose to take care of their bodies.

As part of this celebration, the entire school may participate in dress-up days. The schedule is as follows:

- Monday 10-22 - Wear RED Day**
- Tuesday 10-23 - Sports Day – wear your favorite team's jersey or colors**
- Wednesday 10-24 - Crazy Sock and Shoe Day**
- Thursday 10-25 - Falcons on the Fly Day** (wear your most comfortable walking/running clothes and see if you can complete more laps today than you've ever done before!)
- Friday 10-26 - Red Ribbon Parties in each classroom.** Classes will have themes for which they will be dressing up.

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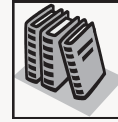
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Worship Services:
9:00a.m. & 11:00a.m.
Sunday School: 9:45a.m.

Firelands Elementary PTG

Meetings held on
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